

Second Opinion Newsletter

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Miracles of Medicine *Curing Sleep Apnea Can Reverse Alzheimer's!*

If you suffer from Alzheimer's, check your sleep patterns. It's possible your Alzheimer's isn't due to the disease at all. It could be caused by sleep apnea. And it's also possible a visit to a dentist could restore your memory.

You read that right – a dentist might be able to give you your memory back. Take Doctor Richard Coe as an example. Doctor Coe is a 68-year old, conventional family physician from Tacoma, Washington. How he escaped from Alzheimer's is a fantastic story.

In 1999, Doctor Coe was noticing mistakes in his medical work. His short-term memory was hit hard. He was dropping doses and numbers from his prescriptions. His wife noticed his growing difficulty making decisions and increasing fatigue. As a veteran, he got a full VA evaluation from two experts and three private doctors. After hours of formal cognitive testing, all five agreed that he had Alzheimer's disease. That was in August 1999. The following month, he dropped out of practice.

He continued to gradually deteriorate. By December 2003, he felt ready to die. He couldn't get enough sleep, ran on empty, and could do his yard work for only one hour a day. His astute wife noticed that he had significant snoring and sleep apnea. She was already seeing Doctor Robson for a TMJ dysfunction and was doing well. She suggested that he see Doctor Robson.

Doctor Coe, an orthodox physician, admits he was 100% skeptical that a mouth splint could correct his sleep problem.

Nevertheless, he went to see Doctor Robson in early 2004, mainly to please his wife. The following day, "I felt extremely good," he noted. "I never had an improvement that good. My wife said I was brighter and not moping around like I had a black cloud over my head. I slept through the night for the first time in years. And my memory was returning."

Doctor Coe, formally diagnosed with Alzheimer's disease and retired from practice in August 1999, returned to full-time work on July 3, 2004. He would have started back on April 1, except that malpractice insurance was not immediately available.

"Doctor Robson has turned my clock back at least 15 years. My memory and energy are as good as ever. I had only 12 visits with him." Even Doctor Coe's long-term problem with depression was improved. "My treating physician, an internist, doesn't believe the story," he told me. "But I'm telling everyone I can!"

Friend, this is a case of diagnosed Alzheimer's that's been completely cured! Is it possible many cases of Alzheimer's are caused by sleep apnea? Definitely!

Doctor Robson is devoted to teaching other dentists his methods. I urge you to take this article and the issue on Robson from last winter (available on my website: www.secondopinionnewsletter.com) to your dentist and have him or her give Doctor Robson a call at 800-977-1945 to get more information about his training sessions.

Doctor Farrand Robson and Oral Systemic Balance (OSB) would like to thank Doctor Rowen for allowing us to reprint the preceding articles for distribution.

For additional information regarding the therapeutic system described in these articles, please contact the OSB office at (800) 977-1945.

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